

## **Health and Safety Policy**

The company takes the Physical and Mental Health and Safety of all employees very seriously, and is prepared to devote whatever time and resources are needed to ensure that all Health and Safety risks are eliminated or mitigated, and that all employees are educated about and protected from any hazards.

## Specifically, the Company will

- Provide adequate control of any health and safety risks
- Proactively inform, educate and promote mental health well-being
- Consult with employees on matters affecting their health and safety
- Provide and maintain safe plant and equipment
- Ensure safe assessment, handling and use of substances
- Provide information, instruction and education for employees in Health and Safety matters
- Ensure all employees are competent and adequately trained to carry out their job function
- Provide personal protective equipment (PPE) wherever necessary
- Pro-actively work to prevent accidents and cases of work-related ill health
- Maintain safe and healthy working conditions

Review and revise this policy as necessary at regular intervals.

Signed:

John Smith Chairman

Date: 20/9/23 Review Date: 01/09/25